

## Lunch Menu

### Light Meals

From 12.00am till 5.00pm

Soup of the Day served with a Crusty Roll and Butter £3.95

Snack Lunch - Add a bowl of our Soup of the Day to any sandwich or Panini for an extra £2.50

### Sandwiches

Malted sliced Bloomer, White or Brown generously filled and garnished with salad.

Tuna fish "Pain Bagnat style" (onion, mixed pepper, tomato, olives, eggs and tuna fish in fresh herbs vinaigrette) £5.95

Duo of smoked salmon & poached salmon with prawns in basil & lime creamy dressing £7.25

Mature Scottish Cheddar and Homemade Chutney £5.65

Thinly Sliced Scottish Roast Beef with seasonal leaves and horseradish £5.95

Brie, cranberry jelly with walnuts £5.95

Smoked Ham served with Wholegrain Mustard £5.95

Chicken, Bacon, Avocado And Black Pepper £6.45

Toasted Sandwiches Additional £0.75

All above are served with a small side salad and French Fries

### Panini or Baguette

Roast Chicken Supreme, Confit of Tomato, mixed Peppers with Fresh Herbs and Pesto dressing £6.75

Smoked ham & gruyere cheese £6.75

Paninis and Baguettes are served with a small side salad and French Fries

## Main Dishes

Served from 12 noon till 2.30pm

Please see the Blackboard for today's Specials

Sri Lankan Chicken Curry with sliced Roast Onions,  
fresh Vegetable, Basmati Rice and Naan Bread £9.95

Fresh Haddock in a beer batter deep fried until golden, Garnished  
with French Fries and Sauce Tartare £9.80

Homemade Seafood Cakes served with a Lemon Parsley Butter  
sauce with Chips and Vegetables or Salad £9.50

Egg tagliatelle pasta with seasonal vegetable served in vine ripe  
tomato sauce with fresh basil, parmesan shaving garnished garlic bread £8.75

Spanish Omelette with Vine ripe Tomato, mixed Peppers, Mushroom,  
Potato, Onions with a side Salad £7.95

Sauteed Cumberland sausage with caramelised onion served with  
bordelaise sauce garnished mashed potato £8.75

Sri Lankan Vegetable Curry with sliced Roast Onions fresh  
Vegetables, Basmati Rice and Naan Bread. £8.95

## Salads

Lunan Bay Seafood Salad  
Smoked Salmon, Shellfish, a medley of poached local Fish served  
with a pure Olive Oil and a Lemon, Tomato Basil vinaigrette £9.50

Chicken Caesar Salad  
Grilled Chicken Supreme tossed with Roman Lettuce, smoked Bacon  
boiled Egg, Spring Onions, croutons in a creamy dressing with  
Parmesan and Freshly ground Black Pepper £9.50

## Desserts

Cheesecake of the Day £4.50

Sticky Toffee Pudding with Butterscotch Sauce and Cream £4.50

French Apple Tart with Cream or Ice Cream £4.50

Meringue Nest with Fresh Fruit and Cream £4.25

Mixed Ice Cream - per scoop £1.50



